



The Charlottean

Charlotte Association of Insurance Professionals

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PRESIDENT'S MESSAGE

I really can't believe it's almost 2018 and that I'm half way through my term... WOW!

Now is that time of year that we all begin to plan what we want to do in the New Year. Lose weight, get fit, travel more and maybe take a continuing education class. However, did you know that only about 8% of people actually follow through and reach their goal?

Some only make it a week and give up. So what can we do to help us all stick to our goals and end 2018 with that very satisfied feeling of knowing we accomplished some measurable things?

Here are some TIPS.

1. Review what you wanted to do in 2017 and see what worked and maybe what was too ambitious. In other words don't set yourself up for failure. Instead of I want to lose 25 pounds, try I'd like to lose a pound a week. Avail yourself of the Webinars given by IAIP. Can be done on line, anytime and anywhere. Can't get to the gym, try just dancing around to a favorite song.

2. Make these goals SMART. Specific, Measurable, Attainable, Realistic and Timely
3. Write them down and put it somewhere visible. Remember if you can't remember them you sure aren't going to achieve them.
4. Think about how you plan to do what you want to accomplish
5. Mentioned in number 1 but worth repeating. Break the goals into smaller parts. Remember the way to eat an Elephant is one bite at a time.
6. Don't forget to reward yourself when you've made progress... don't wait until the end.

Remember to enjoy every day of your life and have fun. Each day is a gift and remembering that may help you do much more than you ever thought you could. Give to others and you'll be amazed at how it makes you feel. But most of all be safe, be happy and be in the moment. Happy New Year.

Sharyn Clark, President

CAIP 2017-18

Committee Reports



PROGRAMS

Our January membership meeting will be our visit with our state Council Director, Norell Smith. Join us for an update from Norell on whats happening in NC.

Kelly Bailey



MEMBERSHIP

We have a few new members which really excites us! As an association we need to be more involved with our current events. Let's vow to make a better attempt to attend meetings and be involved in our association events. We need to show our new members how much fun we really are!

Trisha Herold

EMPLOYMENT

“Explore the possibilities- Challenge the future with a career in insurance”

Please forward any employment leads to nancy.dozier@thehartford.com and I will be sure to share with our membership.



Nancy Dozier

****News Flash****

Hartford Insurance

Small Business Underwriter position open

Contact Amy.keith@thehartford.com

COMMUNITY SERVICE MESSAGE

On December 12, 2017 the CAIP members donated their time and money to assist in saving 50 parents/children in transitional housing. This was the 3rd year CAIP provided food and fellowship with the Charlotte Family housing organization. We appreciate the support of those members that were able to attend and/or donate.

Kelly Proctor

DATES TO REMEMBER

JANUARY MEMBERSHIP MEETING

January 2, 2018—5:00 pm

Westfield Group

15801 Brixham

Charlotte, NC 28205



JANUARY BOARD MEETING

TBD

72nd ANNUAL REGION II CONFERENCE

APRIL 26-29, 2018

Charleston Marriott Town Center

200 Lee Street, East

Charleston, WV 25301